

#WALKING FROM HOME

WALKING ACTIVITIES FOR PRIMARY SCHOOL-AGED CHILDREN

LIVING
STREETS

LET'S
WALK TO
SCHOOL

This week we're challenging you to do something different. Get outside, get creative, and share your thoughts, snaps and videos on social media!

#WalkingFromHome @LIVINGSTREETS @LIVINGSTREETS LIVINGSTREETSUK

CHALLENGE



SPELL IT OUT

AGES 8-11

Displayed on signs or shaped by nature and everyday objects, the letters of the alphabet can be seen all around when we look closely enough. Can you spot and snap the seven letters that make up 'WALKING', then combine them in a collage to spell it out?

What other letters do you come across, and what else can you spell out?

Ask an adult to share your picture collage with us on social media using #WalkingFromHome

SPORTS DAY

AGES 4-7

Whether it's an egg and spoon race, obstacle course or something else, choose a sports day event and recreate it while out for a walk.

Before you go out, think about where you'll go and what you'll need to make it a success.



Take on a sibling, or family member from your household to see who will be crowned this year's champion!

Living Streets is the UK charity for everyday walking and the people behind the Walk to School campaign. Visit our website to find out more:

LIVINGSTREETS.ORG.UK/PRIMARY-SCHOOLS

Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC039808 (Scotland), Company Limited by Guarantee (England & Wales), Company Registration No. 5368409. Registered office: 2 America Square, London, EC3N 2LU.

INDOOR CHALLENGE

Find out about the benefits of walking and celebrate them by making a collage.

Grab your scissors, glue and some old magazines or newspapers. Cut out pictures of people walking, and words linked to the benefits of walking. How many can you find?

Glue all your cut outs to a sheet of paper or cardboard to create your walking masterpiece!



Glue
Stick